

Major Exercises (Bass)

Practice exercises A-E with the 10/??/14 improv audio track.

This will help you learn the major arpeggio and scale for all keys, get you moving through the Cycle of Fourths/Fifths, and playing in good time.

Cmaj7 **A** Fmaj7 Bbmaj7 Ebmaj7

8 Choose the octave that best suits your instrument

Abmaj7 Dbmaj7 Gbmaj7

15 Bmaj7 Emaj7 Amaj7 Dmaj7

22 Gmaj7 Cmaj7 **B** Fmaj7

28 Bbmaj7 Ebmaj7 Abmaj7

34 Dbmaj7 Gbmaj7 Bbmaj7

40 Emaj7 Amaj7

45 Dmaj7 Gmaj7

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49 Cmaj7 **C** Fmaj7 Bbmaj7

54 Ebmaj7 Abmaj7

59 Dbmaj7 Gbmaj7 Bmaj7

64 Emaj7 Amaj7

69 Dmaj7 Gmaj7

73 Cmaj7 **D** Fmaj7

77 Bbmaj7 Ebmaj7

81 Abmaj7 Dbmaj7

85 Gbmaj7 Bmaj7

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89 E^maj7 A^maj7

93 D^maj7 G^maj7

97 C^maj7 **E** F^maj7

101 B^bmaj7 E^bmaj7

105 A^bmaj7 D^bmaj7

109 G^bmaj7 B^maj7

113 E^maj7 A^maj7

117 D^maj7 G^maj7